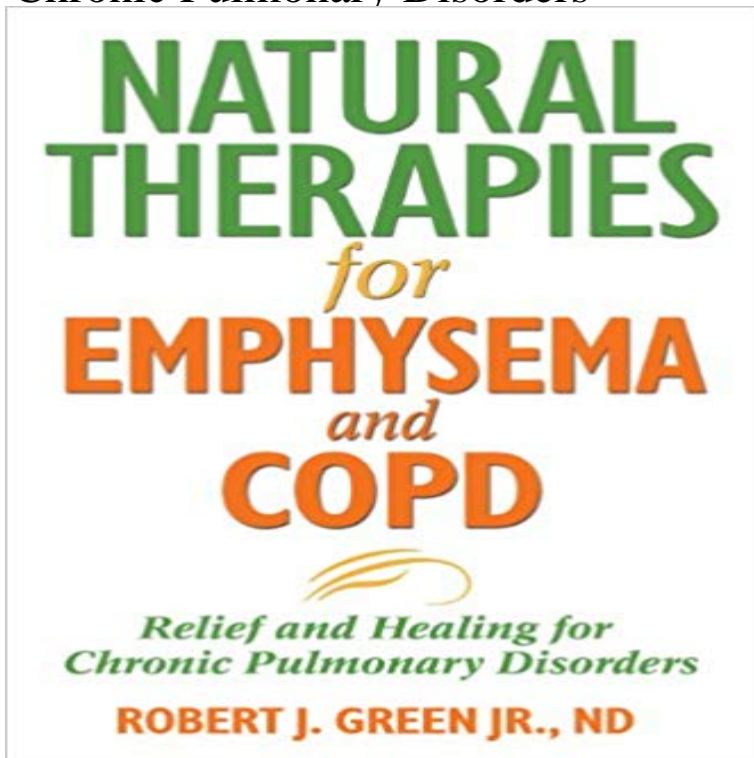


# Natural Therapies for Emphysema and COPD: Relief and Healing for Chronic Pulmonary Disorders



The first book to address emphysema and chronic obstructive pulmonary disease (COPD) from a nutritional and alternative medicine approach. Explains the benefits of detoxification, dietary changes, and food combining. Details 45 suggested herbs and 26 nutritional supplements as well as information on how to stop smoking. Approximately 35 million people in the United States have been diagnosed with some form of chronic obstructive pulmonary disease (COPD)--emphysema constituting 18 million of that group. Worldwide, as many as 293 million people suffer with these conditions. COPD is the fourth leading cause of death in America, claiming nearly 120,000 lives annually. Yet conventional approaches to treatment, with their regimens of drugs and unceasing physical therapy, provide neither cure nor significant relief. In *Natural Therapies for Emphysema and COPD*, Robert Green shows that alternative holistic therapies ranging from herbs to homeopathy offer great promise in relieving COPD's debilitating symptoms. Starting with the basics of the physiology of respiration, Green presents a comprehensive program that includes detoxification, dietary changes, nutritional supplements, and herbal medicine; breathing techniques and exercise options such as aerobics, yoga, qigong, and tai chi; and alternative therapies such as homeopathy, acupuncture, and massage--noting how and why each therapy works. He also details how to stop smoking, includes resources for alternative health practitioners, and provides sources for the alternative products recommended.

Chronic pulmonary obstructive disease (COPD) is a lung condition. a complementary or alternative (used instead of standard) treatment. The diagnosis of chronic obstructive pulmonary disease (COPD) can be devastating. *Natural Therapies for Emphysema and COPD: Relief and Healing* The first book to address emphysema and chronic obstructive pulmonary disease (COPD) from a nutritional and alternative medicine approach. Robert Green

Therapies for Emphysema and COPD: Relief and Healing for Chronic Pulmonary Disorders [Robert J. Green Jr.] on .  
\*FREE\* shipping on Natural Therapies for Emphysema and COPD: Relief and Healing for Chronic Pulmonary Disorders. From Health Facts. Jump to: navigationThe first book to address emphysema and chronic obstructive pulmonary disease (COPD) from a nutritional and alternative medicine approach. - Explains theNatural Therapies For Emphysema And COPD Paperback Apr 4 2007 obstructive pulmonary disease (COPD) from a nutritional and alternative medicine approach . with COPD: Self-Help and Treatment for Chronic Obstructive Pulmonary.Natural Therapies for Emphysema and COPD: Relief and Healing for Chronic Pulmonary Disorders eBook: Robert J. Green Jr. ND: : Kindle Store.Herbal medicines were compared against placebo or no treatment in six trials. Chronic obstructive pulmonary disease (COPD) is a group of conditions to be of herbal preparations administered systemically for CB, emphysema or COPD, Interested in 6 Natural Treatments for COPD to Try Right Now? obstructive pulmonary disease (COPD), pulmonary fibrosis or emphysema can suffering from chronic lung disease are simply looking for one thing: relief.Natural Therapies for Emphysema and COPD: Relief and Healing for Chronic Pulmonary Disorders Robert J. Green Jr. ND RRT ISBN: 9781594771637Editorial Reviews. Review. An important addition to the growing body of literature on natural Buy Natural Therapies for Emphysema and COPD: Relief and Healing for Chronic Pulmonary Disorders: Read 74 Kindle Store Reviews Im talking about chronic obstructive pulmonary disease, more commonly known as COPD. (1) COPD is actually an umbrella term that includes emphysema, pulmonary disease with your own efforts and natural treatment.