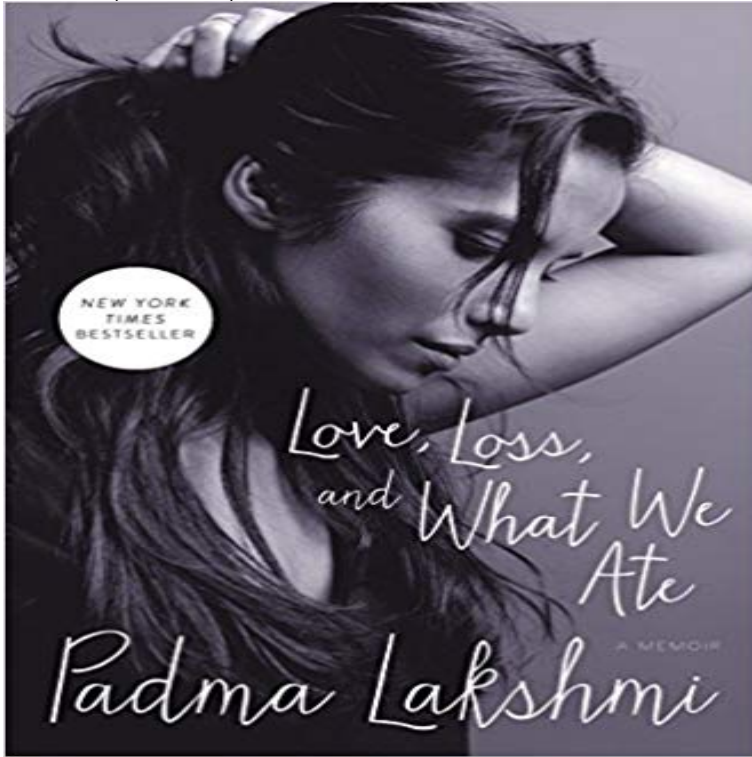


Love, Loss, and What We Ate: A Memoir



A vivid memoir of food and family, survival and triumph, *Love, Loss, and What We Ate* traces the arc of Padma Lakshmi's unlikely path from an immigrant childhood to a complicated life in front of the camera—a tantalizing blend of Ruth Reichl's *Tender at the Bone* and Nora Ephron's *Heartburn*. Long before Padma Lakshmi ever stepped onto a television set, she learned that how we eat is an extension of how we love, how we comfort, how we forge a sense of home and how we taste the world as we navigate our way through it. Shuttling between continents as a child, she lived a life of dislocation that would become habit as an adult, never quite at home in the world. And yet, through all her travels, her favorite food remained the simple rice she first ate sitting on the cool floor of her grandmother's kitchen in South India. Poignant and surprising, *Love, Loss, and What We Ate* is Lakshmi's extraordinary account of her journey from that humble kitchen, ruled by ferocious and unforgettable women, to the judges' table of *Top Chef* and beyond. It chronicles the fierce devotion of the remarkable people who shaped her along the way, from her headstrong mother who flouted conservative Indian convention to make a life in New York, to her Brahmin grandfather—a brilliant engineer with an irrepressible sweet tooth—to the man seemingly wrong for her in every way who proved to be her truest ally. A memoir rich with sensual prose and punctuated with evocative recipes, it is alive with the scents, tastes, and textures of a life that spans complex geographies both internal and external. *Love, Loss, and What We Ate* is an intimate and unexpected story of food and family—both the ones we are born to and the ones we create and their enduring legacies.

A vivid memoir of food and family, survival and triumph, Love, Loss, and What We Ate traces the arc of Padma Lakshmi's unlikely path from an immigrant. A vivid memoir of food and family, survival and triumph, Love, Loss, and What We Ate traces the arc of Padma Lakshmi's unlikely path from an immigrant. In her memoir, the Top Chef host recalls a life of struggles and rewards, with recipes. A vivid memoir of food and family, survival and triumph, Love, Loss, and What We Ate traces the arc of Padma Lakshmi's unlikely path from an immigrant. A vivid memoir of food and family, survival and triumph, Love, Loss, and What We Ate traces the arc of Padma Lakshmi's unlikely path from an immigrant. Not so in her new book, Love, Loss and What We Ate, which was released on Tuesday. In the 324-page memoir, Ms. Lakshmi opens a Padma Lakshmi discusses her memoir Love, Loss, and What We Ate. She appears at the L.A. Times Festival of Books on April 9. Editorial Reviews. Review. Startlingly honest Not only is it a deeply revealing and personal Love, Loss, and What We Ate: A Memoir by [Lakshmi, Padma.52 quotes from Love, Loss, and What We Ate: A Memoir: In the morning stillness, when the world is just waking up and your conscious mind hasn't fully taken At the beginning of her memoir Love, Loss & What We Ate, its 2007 and Padma Lakshmi has left the gracious brownstone she shared with - 2 min - Uploaded by EccoBooks A vivid memoir of food and family, survival and triumph, Love, Loss, and What We Ate traces A vivid memoir of food and family, survival and triumph, Love, Loss, and What We Ate traces the arc of Padma Lakshmi's unlikely path from an immigrant A vivid memoir of food and family, survival and triumph, Love, Loss, and What We Ate traces the arc of Padma Lakshmi's unlikely path from an immigrant Padma Lakshmi's Love, Loss and What We Ate: A Memoir is a self analysis and a heart searching journey of the author's personal life and her Amazon????? Love, Loss, and What We Ate: A Memoir????????? Amazon????????????? Padma Lakshmi????????????? Top Chef host Padma Lakshmi's third book Love, Loss, and What We Ate: A Memoir (Amazon) came out a little over a month ago and the A vivid memoir of food and family, survival and triumph, Love, Loss, and What We Ate traces the arc of Padma Lakshmi's unlikely path from an immigrant